





## June 2023



An interview with

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Tell us a little about your career path, background, and interest in advancing the science of nursing leadership.

During my nursing career, I have held various roles including surgical nurse, ICU nurse, nurse educator, operations manager, and evening administrative supervisor. My interest in advancing the science of nursing leadership began from my 25 years of experience as an administrative supervisor which was the genesis for my research. My dissertation research was a nationwide study investigating the administrative supervisor role, the nurse leader on the evening, night, and weekend shifts in hospitals, and their impact on nurse and patient outcomes. Subsequently, I have conducted regional and national research studies further exploring and describing the administrative supervisor role and their organizational impact. Recognizing from my research that those in the administrative supervisor role lacked role specific education, I was the founder of the annual Administrative Supervisor conference, which has evolved since 2017 from a local to a multi-state conference sponsored by the Organization of Nurse Leaders of New Jersey.



Most recently, my research has focused on the work environment of nurses working the night shift. Utilizing the Joanna Briggs Institute methodology, I conducted a qualitative systematic review on the experiences and perceptions of nurses working night shift. Additionally, last year I received funding from ALSN for a study investigating nurses' fatigue, sleepiness, sleep quality and experience working night shift.

## How did you hear about ALSN and what has your experience been with this organization?

My mentor, Dr. Edna Cadmus, encouraged me to join ALSN when I was a PhD student at Rutgers, the State University of New Jersey. When I attended my first ALSN conference it was so inspiring to meet the authors of the articles I had been reading! Since 2017 I have been a member of the ALSN Research Committee and have enjoyed working on nationwide research studies with the other committee members.

## Tell us 3 things that others may not know about you.

- 1. From 2021 2022, I had the honor to serve as the President of the Infusion Nurses Society, and my presidential theme was "ReSEARCH your passion."
- 2. I am so very proud to be grandmother of two-year-old twin boys, Beckett and Cooper. I will be a grandmother again in Judy as my daughter is expecting a sweet baby girl!
- 3. True to my last name, my hobby is weaving baskets.